



A Women's Adventure to Machu Picchu: Culture, Connection & Luxury

June 14 –21, 2026, Priced from \$3,100. Private and shared rooms available.

You're ready for more than just another trip. You want an experience that feels unforgettable—one that takes you to Machu Picchu and the heart of Peru's breathtaking landscapes, rich culture, and vibrant flavors.

I'm Jodye Hall, founder of Kula Adventures, and I've partnered with my friends at Cusco Local Friend to craft a seamless, soul-stirring journey through the Andes. With expert local guides and carefully curated experiences, you'll immerse yourself, connect deeply, and leave with stories you'll treasure forever.

A Luxury Adventure Through Peru - This isn't just another vacation—it's an elevated journey through stunning landscapes, vibrant culture, and world-class cuisine. You'll take the scenic Vistadome train to Machu Picchu, soaking in breathtaking views before exploring this legendary site with a private guide.

The Perfect Balance of Adventure & Relaxation - Enjoy gourmet picnics by ancient ruins, boutique stays with cozy firepits, and a mix of group fun and solo downtime. Explore the Sacred Valley's hidden gems, learn Quechua traditions, and dive into Peru's flavors with a hands-on cooking class. Wander the Maras Salt Mines, Pisac, and Ollantaytambo, spend a day at Mountainview Experience picnicking, painting, and hanging with llamas and alpacas. Opt for ATV rides, horseback excursions, or mountain biking, or simply unwind with Andean herbal tea, a private outdoor hot tub, and breathtaking views.

Designed for Every Traveler - Whether you're a solo traveler craving connection or looking for a perfect mix of luxury and adventure, this trip is designed for comfort, discovery, and unforgettable memories.

Every detail has been carefully curated so you feel fully supported and deeply immersed in the experience. **Peru is calling—let's make memories you'll talk about for years!**



Your Unforgettable Women's Journey includes...

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your spot!](#)

- Travel to Machu Picchu aboard the scenic Vistadome train!
- All levels hiking at Pisac and Ollantaytambo.
- Luxury accommodations with exceptional service.
- Gourmet catered picnics overlooking ancient Inca ruins
- A day and night at Mountainview Experience—relax, explore, and connect
- Optional adventure activities - horseback riding, ATV excursions, or biking
- Immersive cultural experiences - textiles, local traditions, and markets
- Watercolor painting picnic in a breathtaking setting
- Andean Despacho Ceremony led by a Q'ero shaman
- Expert local guides from Cusco Local Friend
- Hands-on cooking class - learn to make ceviche, lomo saltado, and pisco sours
- Optional yoga in stunning locations
- Free time to relax or explore at your own pace
- Visit Rainbow Mountain by hike, horse, or motorbike
- More fun than you've had in years!



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Pre-Trip – Early Arrivals (June 12 and 13, 2026)

Some guests may choose to arrive a day or two early and enjoy Cusco. Spend some time at the spa, relax in our hotel's courtyard or wander the neighborhood of San Blas.

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Day 1 – Welcome to Cusco! Cooking Class (June 14, 2026)

Upon arrival at **Cusco Airport**, our friendly **Cusco Local Friend** driver will be there to greet you, marking the official start of your journey. After settling into the **charming Antigua Casona in San Blas**, enjoy **free time to unwind** in the spa, have lunch, or explore **San Blas's shops and galleries**.

In the afternoon, we'll gather at **Antigua's Exhala Yoga Studio** for **introductions and a gentle, restorative yoga session**, featuring breathing exercises to help **adjust to the altitude**.

As evening falls, we'll dive into a **hands-on cooking class**, preparing **classic Andean dishes** like **Ceviche, Lomo Saltado, and Pisco Sours**—our delicious dinner together!

Wrap up the night by **cozying up by the courtyard fireplaces**, with attentive staff on hand, or take a stroll through **San Blas's lively streets, unique boutiques, and nightlife**.

About Cusco – Where Your Adventure Begins

The heart of the **ancient Inca Empire**, Cusco is a stunning blend of **ancient stonework, Spanish colonial architecture, and modern vibrancy**. Founded in the **12th century** and shaped like a puma, the city pulses with **history, energy, and culture**.

Explore iconic sites like **Qorikancha, the Temple of the Sun**, and the bustling **San Pedro Market**, where colorful textiles, Andean crafts, and local flavors fill every corner. Cusco's dining scene offers everything from **traditional Peruvian dishes to innovative fusion cuisine**. Shop artisan boutiques for **authentic alpaca sweaters and scarves**—the perfect keepsake from your journey.



Day 2 – Hike Pisac Ruins, Gourmet Catered Picnic (June 15, 2026)



We'll begin the day with **optional gentle yoga** (all levels welcome!), followed by a **delicious breakfast** at our hotel. Then, we'll hop into our **comfortable van** for a **scenic 22-mile (35 km) drive to Pisac**, home to **breathtaking ruins and panoramic views**. We'll take a **guided hike through the upper ruins**, a perfect way to continue acclimating to the altitude.

After our hike, we'll head to a nearby farm for a multi-course, gourmet picnic featuring local ingredients, beautiful textiles, fresh flowers, and a variety of beverages.

Next, we travel to one of my **favorite towns in Peru—Ollantaytambo!** This **charming Inca village** is a **living piece of history**, where ancient stone streets, terraces, and irrigation canals have remained unchanged for centuries. Nestled in the **Sacred Valley**, it's a place where **past and present intertwine**, from its **majestic ruins and bustling plaza** to market stalls filled with **vibrant Andean textiles and crafts**.



We'll check into **El Albergue**, a **historic hotel that's more than just a stay—it's an experience**. Surrounded by lush gardens, meandering water canals, and hummingbirds, El Albergue captures the beauty and spirit of the Sacred Valley. Dedicated to local culture and sustainability, it features an organic farm supplying fresh produce to its on-site restaurant, a coffee roastery filling the air with rich aromas, and an artisanal distillery crafting spirits right on the property.

With its **blend of history, authentic flavors, and stunning scenery**, El Albergue offers an **unforgettable stay on our journey through Peru**.





Day 3 – Explore Ollantaytambo, Hike the Ruins, Free Time! (June 16, 2026)

Free Day in My Favorite Town, Ollantaytambo! We'll start with optional gentle yoga on the farm, surrounded by breathtaking Andes views, followed by a delicious full breakfast at our hotel.

The day is yours to **unwind, explore, and soak in Ollantaytambo's magic at your own pace.** Relax in the **hotel's lush gardens**, stroll its **ancient stone streets**, shop the **local market for artisan crafts**, try **traditional Andean cuisine**, or hike one of the **scenic local trails**.

You're welcome to join me for a **short walk to the Ollantaytambo ruins**—the views from the top are absolutely **breathtaking!** Spend the day your way: **wander, shop, sip tea in the town square**, or simply **enjoy the town's unique charm**. Optional **add-on activities** are available!

For lunch, consider **joining the optional Pachamanca feast**—a truly **unforgettable Andean experience**.

Pachamanca, meaning "earth oven" in Quechua, is a traditional feast where meats and vegetables are slow-cooked over hot stones on the hotel's farm.

This flavorful meal features tender chicken, pork, and lamb, accompanied by Andean potatoes, fava beans, olluco, camote (sweet potato), organic vegetables, a fresh house-made salad, traditional sauces, and chicha morada, a refreshing purple corn drink. Vegetarian options and allergy accommodations are available, making it a delicious experience for everyone.



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Day 4 – Visit Machu Picchu! (June 17, 2026)

We take an **early morning Vistadome train ride** through the breathtaking Sacred Valley to Aguas Calientes, gateway to Machu Picchu. From town, we take a bus up the mountain to enter the Historic Sanctuary of Machu Picchu, the most iconic archaeological marvel of the Inca civilization.

Dating back to the mid-15th century, this UNESCO World Heritage Site sits high on a mountain ridge above the lush Urubamba Valley, offering breathtaking views and a profound connection to ancient history. Led by our expert private guide, we'll explore its fascinating terraces, temples, and stone structures, uncovering the secrets of Incan engineering, spirituality, and daily life.

After a relaxing lunch we take the Vistadome train back to Ollantaytambo. Evening at Leisure – Enjoy dinner at El Albergue or explore one of the town's fantastic local spots.





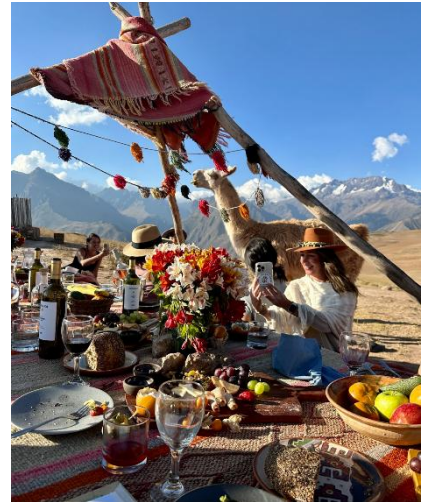
Day 5 – Maras Salt Mines, Mountainview Experience! (June 18, 2026)

Today is filled with **nature, relaxation, and unforgettable moments**. We visit the famous **Maras Salt Mines**, where thousands of salt pools cascade down the mountainside, creating a surreal, centuries-old landscape. Then, we continue to **Mountainview Experience**, a breathtaking retreat surrounded by the majestic peaks of the Andes.

This afternoon is yours to enjoy however you like. **Sip hot Muña tea** while soaking in the **serene mountain views**, or embrace adventure with **optional horseback riding, an ATV tour, or a bike ride**. Or simply relax in your private outdoor hot tub, in the presence of the **friendly llamas and alpacas—a guest favorite!**

Later, we gather for a **watercolor painting picnic**, creating a one-of-a-kind piece to take home as a keepsake from this magical day.

In the evening, we settle into our **cozy cabins**. For an extra touch of luxury you can upgrade to a cabin with a **wood-fired stove, private deck, and an outdoor hot tub**. With **unobstructed views of the Milky Way**, the stargazing here is truly breathtaking.



Day 6 – Despacho Ceremony, Explore Cusco (June 19, 2026)

After breakfast at Mountainview Experience, we'll take part in a deeply meaningful Andean tradition: a Despacho Ceremony, led by a Q'ero shaman.

The Despacho is an ancient Andean ritual offering, a way of expressing gratitude to the Apus (mountain spirits) and Pachamama (Mother Earth) for their protection and guidance. In the spirit of Ayni—meaning reciprocity—it reminds us of the balance between giving and receiving, honoring our connection to the Earth and our community. This beautiful ceremony is a powerful way to “dispatch” our prayers and intentions to the universe.

Following this experience, we'll return to Antigua Casona in Cusco. The rest of the day is yours to explore the vibrant arts district of San Blas, take a stroll through the historic Plaza de Armas, or discover nearby sites like Sacsayhuaman and the bustling San Pedro Market. If you'd like, I'm happy to help plan any activities or tours. Alternatively, you might choose to unwind at our hotel's serene spa with a massage or other treatment.

We'll wrap up our day with a wonderful dinner at Antigua Casona, taking time to savor the day's memories as we look forward to what's next. We'll say goodbye to those departing in the morning, and for those joining the Rainbow Mountain hike, get ready for an amazing adventure ahead!

Day 7 – Hike Rainbow Mountain Hike! (June 20, 2026)

We depart early for **Rainbow Mountain**, known as **Vinicunca** in Quechua or **Montaña de Siete Colores (Seven-Colored Mountain)**. This high-altitude trek is a dream for those who love breathtaking landscapes and dramatic scenery.

Hike to the summit or, for an additional cost, ride a horse or ATV partway up to take in the stunning views with less effort. Return to Cusco in time for dinner on your own, either at the hotel or one of the many fantastic restaurants within walking distance.

Not a hiker? If you prefer to skip the trek, I'm happy to arrange a Cusco city tour or you can enjoy a free day to explore at your own pace!



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Trip Pricing

Shared rooms start at \$3,100 , and private at \$3,700. Optional add-ons include a hot tub cabin at Mountainview Experience, a Pachamanca picnic lunch, extra nights at Antigua Casona.

What's Included in Your Trip Price:

- 7 nights lodging - 6 nights in 4-star boutique hotels, 1 night in a mountain cabin w/ amazing views, Mountainview Experience cabins are shared doubles.
- All Transportation - Transportation to and from the Cusco airport and Antigua Casona hotel in Cusco. All group transportation between Sacred Valley locations in a comfortable, roomy van.
- Cooking Class in Cusco - Veg / food allergy options available.
- Meals - All full breakfasts at our hotels. 3 lunches and 3 dinners in my favorite restaurants.
- Machu Picchu – All train, bus and entrance tickets.
- Mountainview Experience - Watercolor painting picnic under the majestic Andes.
- Optional Yoga - Gentle Yoga (all levels) in our hotel's private studio in Cusco, and on an organic farm beneath the Andes Mountains. Yoga is always optional. Feel free to sleep in!

What's Not Included:

- Airfare - Book two roundtrip tickets. 1) Your home to Lima. 2) Lima to Cusco.
- Tips and gratuities - For our guides, restaurant servers, etc.
- Travel Insurance - Please purchase travel insurance.
- Spa and Massage Services, purchases, snacks, alcoholic beverages
- Additional Taxis or Tuk Tuks for personal excursions.
- Optional Activities –Pachamanca lunch at El Albergue hotel in Ollantaytambo, Horseback and ATV riding at Mountainview Experience, any tours/activities not mentioned such as walking tour of Cusco, visit to Sacsayhuaman, San Pedro Market.

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Agreement and Terms:

A non-refundable deposit of \$375.00 per person is required to secure your booking. Please refer to the detailed Terms & Conditions document for payment schedule and cancellation policy.

Travel Insurance: I strongly encourage all participants to purchase travel insurance to cover any unforeseen cancellations, medical emergencies, or other travel-related risks. Cancel Anytime insurance must be purchased on the same day the deposit for the trip is made. Kula Adventures with Jodye Hall is not responsible for any unforeseen events or losses in the event that the client chooses not to purchase travel insurance. The organizer (Jodye Hall with Kula Adventures) is not liable for any delays, accidents, or changes in itinerary caused by weather, government actions, or other circumstances beyond her control.

Health & Fitness: Participants are responsible for ensuring they meet the physical requirements of the trip, including any medical needs.

By submitting your deposit, you acknowledge and agree to the terms outlined in terms and conditions document.